

# NEED TO DEBRIEF?

*The Society has partnered with Converge International to provide employees, members and volunteers with free, confidential support for up to 4 sessions to help you deal with challenges, concerns or issues that may be affecting you at home or at work.*

*We also have in-house pastoral care provided by the Mission and Formation team.*

## What can I expect from Converge?

This service provides support for a variety of short-term, personal or work issues, and gives you access to qualified professionals including psychologists, social workers and management coaches.

## What can I expect from the Mission team?

The Mission team can provide a supportive, pastoral, confidential and non-judgmental ear around Society related issues as well as personal grief. They can also recommend additional ideas for support.

Being internal to the organisation, they might have more understanding of operations and a deeper understanding of the Society's history, mission and values.

## How do I contact them?

Converge's main number is **1300 687 327**, available from 9.00am to 7.00pm Monday to Friday. Specialists are available, if needed, in a number of areas – First Nations, LGBTQI+, Domestic and Family Violence. Aged Care, Disability and Carers' support and Spiritual and Pastoral Care.

The Mission and Formation team can be contacted by emailing [mission@vinnies.org.au](mailto:mission@vinnies.org.au)



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